WHAT TEST TO ORDER AND WHEN TO ORDER IT

FOR ALL PATIENTS AT THE TIME THEIR PREGNANCY IS DIAGNOSED

	What to order
1	CBC, Ferritin, TSH
2	Thalassemia screening
3	Urine for Chlamydia and Gonorrhea
4	Urine culture (indication: pregnancy)
5	Standard Out-Patient Laboratory Requisition for Maternity Caregov.bc.ca
6	HBsAg, HIV, Syphilis, Rubella titre, HepC, VZV serology http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Forms/Labs/SerologyReq.pdf
7	Blood type and antibody screen https://www.blood.ca/sites/default/files/1000107776_2020-05-04.pdf

8	SIPS / IPS / QUAD / NIPS genetic tests (optional, but time sensitive)	SIPS / IPS / QUAD form: http://www.perinatalservicesbc.ca/Documents/Screening/Prenatal-HCP/PrenatalBiochemistryLabReq_Fillable.pdf	Patient information for genetic testing: http://www.perinatalservicesbc.ca/Documents/Screening/Prenatal-Families/Screening/It%27s_Your_Choice_Screening_Pamphlet_Web_2022Dec.pdf	Physician information for NIPS: https://www.psbchealthhub.ca/screening-programs/81	Indications for invasive genetic testing: https://www.psbchealthhub.ca/screening-programs/91
9	Dating ultrasound (to be done at 8-10 weeks ideally)				
10	Another ultrasound requisition for the detailed ultrasound to be booked for 18-20 weeks				
11	Assess if Aspirin 81mg daily is indicated in the pregnancy for pre-eclampsia prevention (taken from 12-36 weeks gestation) https://www.psbchealthhub.ca/clinical-guidance/816				
12	Assess if Progesterone is indicated in the pregnancy for prevention of preterm labour (taken from 16-36 weeks gestation). Micronized progesterone (200 mg vaginally every evening) is recommended from 16 weeks onwards for patients with a history of previous preterm birth, or if the cervix is less than 2.5 cm in length on transvaginal ultrasound around 18-20 weeks gestation.				

For patients 35 years old and above at time of delivery, multiple gestations regardless of maternal/parental age, or pregnancies conceived by IVF-ICSI (In vitro fertilization and intracytoplasmic sperm injection) without pre-implantation genetic testing for aneuploidy

- NT ultrasound (to be completed at 11 to 13+6 weeks gestation) https://www.psbchealthhub.ca/screening-programs/70

FOR ALL PATIENTS AT 24 - 26 WEEKS GESTATION

	What to order
1	Standard Out-Patient Laboratory Requisition for Maternity Caregov.bc.ca
2	CBC, Ferritin, 1 hr 50g Gestational Diabetes Screen
3	Repeat Blood type and antibody screen, if Rh negative or first pregnancy https://www.blood.ca/sites/default/files/1000107776_2020-05-04.pdf

FOR ALL PATIENTS AT 28 WEEKS GESTATION

	What to order
1	Whooping cough (TdaP) vaccine (can be done by pharmacist)
2	Rhogam / WinRho if patient is Rh negative (patient gives prescription to LMH laboratory and brings vial to doctor's office at 28 weeks)
3	Screen for Depression with EPDS https://cms.psbchealthhub.ca/sites/default/files/2023-10/EPDSQuestionnaireApril2013.pdf
4	Instruct patient on kick counts

This is the best resource for Primary Care Providers: https://www.psbchealthhub.ca/clinical-guidance/541